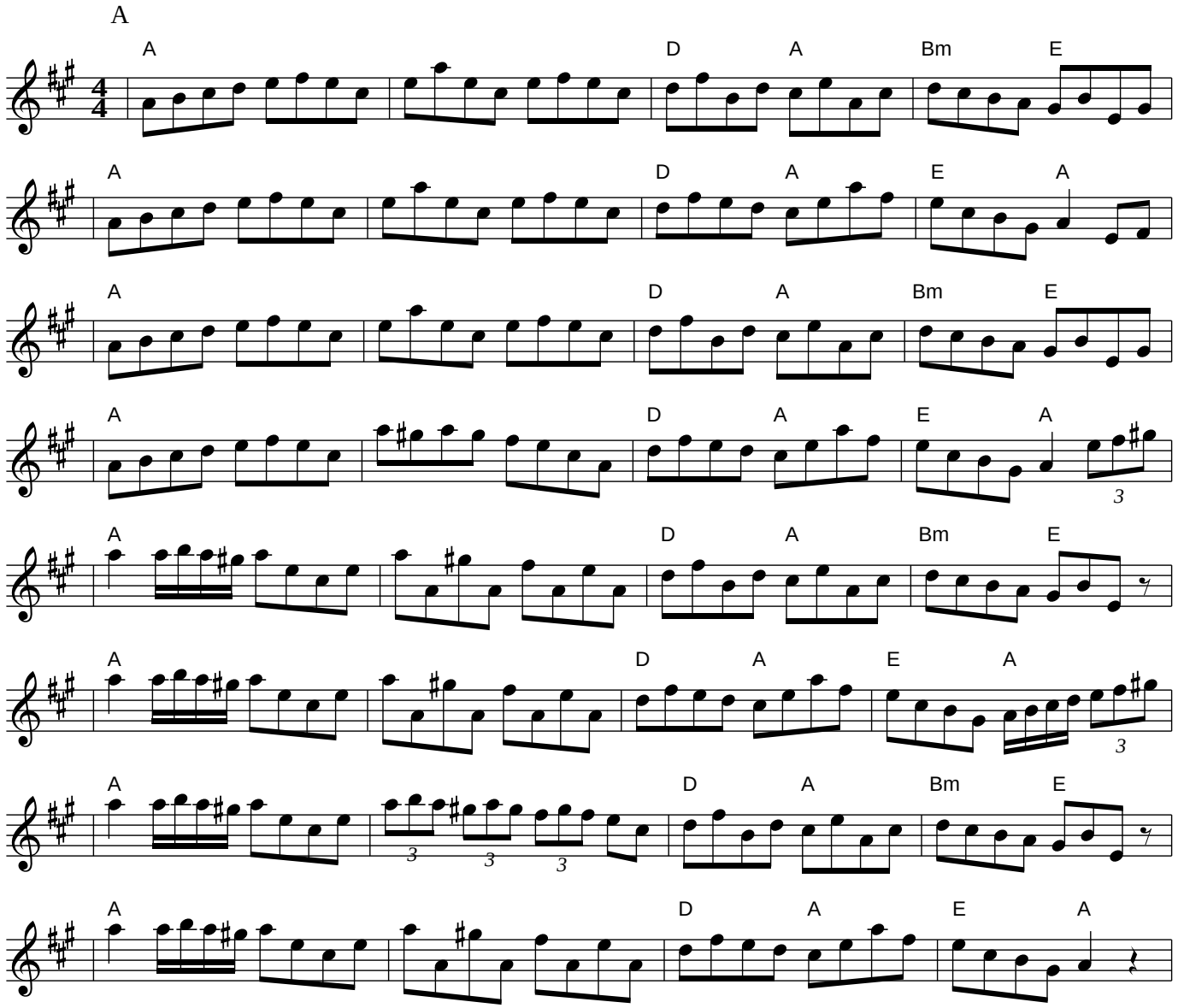Speed The Plough